



**NO'KMAQ VILLAGE
FLAT BAY BAND, INC.**

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MEMO 2.....March 2026

Chilli and Campfire

DROP IN FOR A BOWL OF CHILLI, A
SMORE, MAYBE A STORY AND A
LAUGH OR TWO WITH THE FLAT
BAY/ST TERESA FIRE DEPARTMENT!

MARCH 15TH, 2026

1:30-3:30PM

PEOPLE'S COMPLEX

FLAT BAY, NL

**THIS IS A FREE, COMMUNITY EVENT.
ALL ARE WELCOME!**

**PLEASE BRING YOUR OWN CHAIRS FOR OUTSIDE
FEEL FREE TO BRING A MUSICAL INSTRUMENT!**

Aging Well at Home Grant
Application Form



Well-Being NL



Program Details

The Aging Well at Home Grant provides financial assistance to low-income adults 65 years and older who live in their own home to help with the costs of household and health care services. Eligible households will receive \$400. Only one person per household may apply for the supplement.

Who can apply for the grant?

Eligible individuals must:

- Be 65 years of age or older as of March 31, 2025;
- Have an annual household net income of \$50,000 or less for couples or \$32,700 or less for single households ("Net Income" is the income identified on Line 23600 in the Notice of Assessment provided by the Canada Revenue Agency. Call 1-800-959-8281 if you need a copy of your Notice of Assessment);
- Live in a home or apartment that you own or rent. Only one person can apply from each household;
- Be a resident of Newfoundland and Labrador; and,
- Have paid, or will pay, for eligible household and health care services between April 1, 2025, and March 31, 2026.

**Call the Flat Bay Band at (709) 647-1370, if you need an application printed for you!
DEADLINE: END OF MARCH, encourage any eligible to apply ASAP**

How to apply

Submit completed application form and supporting documentation online to:

Aging.Well@nlhealthservices.ca

or by mail to:

NL Health Services-Central Zone
3 Bell Place, Level 3
Gander, NL A1V 2T4

or by fax: (709) 651-3556

Required Documentation

- I have enclosed a copy of my Notice of Assessment and my spouse's Notice of Assessment (if applicable) from tax year 2024.
- I have enclosed proof of residential address.
- I have enclosed a copy of my MCP card.



Youth Are You Struggling To Find Work? Join The YESS Program Today!

ELIGIBILITY: To participate in the YESS Program, youth MUST BE:

- Youth living in or from all the Mi'kmaw communities on the island portion Newfoundland (Excluding the Conne River reserve)
- Between 15 and 30 years of age (Inclusive) and
- NOT in school (High-school or post-secondary) at the time of intake/selection
- Other: Consideration will be given to youth who face reasonable employment barriers, such as, *High-school non-completion; *Disability; *Indigenous; *Rural/remote location; *Single parent; *Various Barriers to employment, etc.

Program Schedule and Pay: 3-Step Process

- **Step 1: Six (6) weeks of Employment Training** - Train from home! Receive a FREE Chrome Book, free on-line training and certifications. Career, financial and life guidance as well as job search assistance. *Completion Pay - \$600.00
- **Step 2: Work Placement** - 14-weeks in the nearest location. *Employers will PAY at least \$16.00 per hour for 35hrs/week. Some employers could pay more than \$16.00/hr if they want to.
- **Step 3: Continued Assistance and Coaching** - After completion we can help with *Filing Employment Insurance Benefits *Help get funding for school/college, *Start a Business *Find Work *Make continued career/life decisions, etc.

Other Pay/Remuneration: Income Support recipients see your Social Worker, if you qualify for a start-up, child-care/or weekly travel funds.

Next Intake: March/April, program will begin before the end of April 2026. Intake will be 8 participants. Participants that apply and are not accepted will be put on a holding list for future sessions or if spaces open up in future.

HOW TO APPLY! Call our office at 709-647-1370 or email using the method below to get your application.

Email: spwhite.flatbay@gmail.com

Email Subject Line: GON YESS Program

Message: Request a copy of the Application Form

Guiding Our Nation

Youth Employment and Skills Strategy (YESS) Program Employers Are You Looking for Reliable, Entry-Level Talent?



Local employers play a vital role in helping young people build their future—and the YESS Program is here to make that partnership easy and affordable.

The YESS Program supports youth ages 15–30 who are struggling to find employment by providing them with pre-employment training in essential work and life skills. Many participants are recent high school graduates or individuals with low work experience.

Before entering the workplace, participants receive training focused on:

- Workplace expectations and professionalism
- Communication and teamwork
- Time management and reliability
-

How YESS Supports Employers

YESS works directly with local businesses to:

- Match job-ready participants to entry-level positions
- Provide wage subsidies to help cover a portion of employee wages
- Offer ongoing support to both the employer and participant
- Help ensure the work term runs smoothly from start to finish

Our goal is to reduce hiring risk, support onboarding, and create positive, productive work experiences.

Why Partner With YESS

- ✓ Access motivated, supported young workers
- ✓ Lower staffing costs through our programs wage subsidy
- ✓ Contribute to local workforce development
- ✓ Strengthen your connection to the community

By partnering with the YESS Program, employers help youth gain valuable work experience while meeting their own staffing needs—creating benefits for businesses, young people, and the community as a whole.

The next participant intake is in March/April and the work term will be in May/June

To learn more about becoming a YESS employer partner, please contact us at: 709-649-3932 or email: spwhite.flatbay@gmail.com